

CARRY 5 WALK FOR WATER

Dear friends and family,

Imagine carrying every drop of water your family uses.

Around the world, millions of women and children, mostly girls, spend up to 5 hours a day walking for water. Without access to clean water, they collect dirty water from rivers, streams, or ponds and carry it home in heavy containers on their heads or strapped to their backs. As a result:

- **5,000 people, mostly children, die from preventable water-related diseases every day**
- **5 million girls cannot go to school because they are carrying water**
- **The world's poorest spend 1 billion each year treating preventable water-related illnesses**

On [date of walk] , I will be participating in the Seattle Carry5 Walk for Water. **For just one day, we walk to experience what 1 billion people do every single day.** More than 1,000 walkers will carry water for 5 kilometers in support of those who need clean water. Walk proceeds benefit Seattle-based Water1st International (water1st.org).

I am writing to ask if you would consider sponsoring me for the walk. The money I raise will fund sustainable clean water, toilet, and hygiene-education projects for communities in Ethiopia, Bangladesh, Honduras, and Mozambique. These projects save lives, give girls the opportunity to go to school, allow women the time to earn an income, and set communities on a path out of extreme poverty.

My personal goal is to raise \$_____. A donation of \$25, \$50, or whatever your budget will allow, would be most appreciated. Just \$75 provides one person with clean water and a toilet FOR LIFE.

How to donate:

- Visit my online fundraising page to make a secure, online donation. My online fundraising page is: _____
- Mail a donation (by May 14) to my address: _____
- Mail a donation to Water1st - 1904 3rd Ave. Suite 1012, Seattle, WA 98101
(Checks are payable to *Water1st International*. In the memo section of the check, please write Carry5 and MY NAME.)

I hope you will join me in helping to transform the lives of the world's poorest people with the gift of clean water. For more information about Water1st and the Carry5 walk, visit water1st.org/carry5.

Thank you very much for your consideration and help.

Your name

water1st
international